

## Rash Illness Information

| <b>Illness</b>   | <b>Rash Description</b>  | <b>Other Symptoms</b>   | <b>Agent</b>            | <b>Period of Communicability</b>   | <b>Exclusion/Attendance</b>  |
|--|--|---|-------------------------|--|--|
| <a href="#"><u>Chickenpox</u></a>  | <ul style="list-style-type: none"> <li>Rash begins on face and trunk and progresses to extremities where it is most concentrated</li> <li>Lesions progress from flat to raised and become a vesicle before crusting; several stages are present at the same time</li> <li>Vesicles are very itchy</li> </ul>   | Low-grade fever and malaise                                     | Herpes Zoster virus     | Up to 5 days prior to onset of rash until lesions have crusted over (usually 7 days) | Exclude from school and public gatherings until vesicles become dry.   |
| <a href="#"><u>Fifth Disease (erythema infectiosum)</u></a>                              | <ul style="list-style-type: none"> <li>Rash begins as a slapped-cheek appearance with warmth to the cheeks that may disappear before progresses to the trunk, extremities and feet</li> <li>Flat and raised red rash that appears "lace-like"</li> <li>Rash may be itchy</li> </ul>  | Low-grade fever, malaise and mild cold symptoms                 | Human parvovirus (B-19) | 7 days prior to onset of rash  | <p>Recommend exclusion if fever is present, individual is no longer contagious after appearance of rash</p> <p>Pregnant women with illness or exposure need to seek medical advice</p> |
| <a href="#"><u>Hand/Foot and Mouth Disease (vesicular stomatitis with exanthema)</u></a> | <ul style="list-style-type: none"> <li>Rash begins as small red spots that blister and become ulcers on the tongue, gums and inside of cheeks and progresses to a rash that is located on the palms of hands, soles of feet and appear on the buttocks and genitalia.</li> <li>Flat and raised red spots that may form blisters</li> <li>No itch – oral lesions can be very painful</li> </ul> | Low-grade fever, sore throat and malaise prior to onset of rash | Enteroviruses           | Acute stage of illness and possibly longer – virus is shed in the stool              | Recommend exclusion during first 2-3 days of acute illness. May consider exclusion for those with oral blisters who drool or have lesions on hands that are weeping.                   |